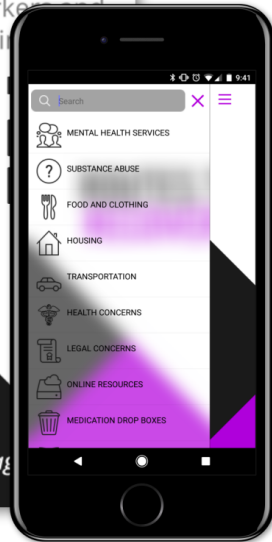


ROUTES TO RECOVERY



When you don't know where to turn...

Do you or does someone you know struggle with addiction or substance abuse? There is help available. Clinton-Essex-Franklin Library System (CEFLS) has created a mobile app which is available on iOS™ and Android™ devices, as well as a resource booklet to help people in our tri-county area connect with local and online resources related to substance abuse.

These tools are intended to assist those seeking services, as well as the loved ones and professionals supporting them. The resources provide information on:

- Addiction Services
- Mental Health Services
- Housing
- Transportation
- Food and Clothing
- Health Concerns
- Legal Concerns
- Trustworthy Online Resources
- Local Libraries and Literacy

Get the **free app** now:

Android™



iOS™



Or find a download link at cefls.libguides.com/routes-to-recovery. Find a copy of the booklet at **your local library**. Call CEFLS at (518) 563-5190 or visit www.cefls.org to find the library closest to you.

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